**COVID-19 Rules for the 2020 Youth Sports Season – Swim Team**

We are happy to offer a limited swim team this summer in a six-week practice format. We are still looking at doing limited meets in July, but meets are NOT included in this swim team sign-up. If we hold meets, they will be *optional* for swimmers, and other youth members of the WVSRC may sign up for meets. ***Meets will be an additional expense***.

**Details:**

Cost: ***$60 non-refundable***, per swimmer (for the entire 6-week practice period).Please make check out to Linda McCall or use PayPal. *\*If you have loss of income due to job loss please speak to Linda McCall, and we can discuss options.*

* Swimmers are limited to and may sign up for **2 practices** per week, via the Swim Team Sign Up Genius.
* Each practice will have a minimum of two coaches to ensure social distancing.
* Age Group 6-Under:
	+ 30 minute practices. Parent must be present, in the pool, with your swimmer. The coaches will direct the practice, but they will not be able to get into the pool to help (Format similar to a mommy-and-me or daddy-and-me class).
	+ Please have swim suits on and ready to begin practice when arriving.
	+ Parent responsible to ensure social distancing of self and child.
* Age Group 7-8:
	+ 30 minute practices.
	+ All swimmers must be able to swim (at least) one stroke, 25 yds without assistance. Coaches will not get into the pool with your swimmer.
	+ If your child is in the 7-8 age group and cannot swim a “25” (needs a parent in the pool), then please sign up with 6-under practice time.
	+ This group will be limited to 6 swimmers, one per lane.
* Age Groups 9-up:
	+ One hour practices.
	+ All swimmers must know how to swim all four strokes, without assistance.
	+ Sign-up limited to 12 swimmers per session, with two children assigned to each lane (coaches will assign when arriving to practice and ensure social distancing).

**Additional Notes/Rules:**

* Parents to drop off swimmer at gate. Parent and siblings who are not swimming in that practice **are not allowed on deck** *to ensure safety and health of all swimmers*.
* Swimmers in the same family/household, attending the same practice, may be assigned to the same lane when practicable.
* Coaches will designate a chair for each swimmer to place towel/equipment (cleaned before each practice).
* **Swimmers must arrive with their suits and equipment on and ready.** Coaches cannot help your child with goggles or cap.
* **Showers will not be permitted**. Bathrooms are for toilet use only.
* *In effort to protect health and safety of all swimmers*, if a swimmer is unable to comply with social distancing directions: 1) Swimmer will receive first and second warnings; 2) If swimmer receives a third warning in the same practice, the coaches will call parent and ask swimmer to leave practice; 3) **If swimmer repeatedly violates social distancing directions, swimmer may be asked to leave program.**
* If a parent believes that her/his child needs assistance with social distancing rules and would like to attend practice for that purpose, parent may sit in the designated area on the pool deck and must sanitize chair when leaving.
* Parents attending practice and swimmers are encouraged to wear masks on the pool deck until entering the pool.